Newport Mental Health

“Hope, Health, and Recovery”

Annual Report
July 1, 2016 – June 30, 2017

~ A Horizon Healthcare Partner ~
“Mental illness is nothing to be ashamed of, but stigma and bias shame us all.”

~ Bill Clinton

“Stigmas are difficult to overcome when people already have these notions of what someone with a mental illness is supposed to look like. What most people don’t know is that mental illness is more common than you think.”

~ Glenn Close

“Mental illness is a sensitive subject amongst a lot of people, but it doesn’t have to be. We need to talk about it more; get rid of the stigma.”

~ Prince Harry

“Sadly, too often, the stigma around mental health prevents people who need help from seeking it. But that simply doesn’t make any sense. Whether an illness affects your heart, your arm or your brain, it’s still an illness, and there shouldn’t be any distinction.”

~ Michelle Obama
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Executive Management Team
James M. Lehane III, MPH, President & Chief Executive Officer
Mary Jane Creely, APRN, PMHCNS-BC, Director of Nursing
Christopher P. Crotteau, BS, MCSE, CNE, Director of IT
Mike Gunning, MSN, Administrator, Community Support Services
Joel Legon, Interim Chief Financial Officer
Anne Mazzarella, Billing Director
Ramona Mello, LICSW, Director of Outpatient Services
Wade Myers, M.D., Medical Director
Gary D. Roberts, MSW, SPHR, Administrator, Human Resources
Helen de St. Jorre, CPA, Controller
Dan Wartenberg, PSY.D., MPH, Director of Clinical Administration & Planning
Cynthia Wheeler, MBA, Administrator, Quality Improvement Services
The Mission of Newport Mental Health (NMH) is to improve the lives of children, adults, and families, living and working in Newport County, by providing the highest quality recovery-oriented, evidence-based and integrated mental health and substance use care.

Values and Approach to Care: NMH services are built on the belief that people can and do recover from mental illness and substance use disorders to lead meaningful, satisfying lives.

- **Effective**: NMH employs state-of-the-art, evidence-based practices.
- **Person-Centered**: NMH empowers people to self-direct their care. The individualized recovery plans that drive services are developed through a process of shared decision making.
- **Integrated**: The NMH approach to care treats the whole person, coordinating and supporting the integrated treatment of behavioral health, substance use and primary care issues.
- **Focus on Strengths**: NMH helps individuals to discover and employ their strengths to achieve their recovery goals.
- **Whatever It Takes**: No matter how serious a person’s needs, NMH will do what it takes to help a person attain his or her recovery goals.
- **Cultural Competence**: NMH services are designed to take into account the diverse languages, cultures, beliefs and practices of the people we serve.
- **Trauma Informed**: NMH recognizes that recovery needs to take place in an environment that is safe and offers respect, acceptance, connection and hope.
- **Community Based**: NMH encourages and assists individuals to engage in meaningful activities such as work, education and involvement in community groups and events in their home communities.
- **Teamwork**: NMH employs a multidisciplinary team approach that encourages diverse expertise and viewpoints, which produces more effective decisions and outcomes.
- **Promoting Healthy Communities**: NMH is an integral part of the greater Newport County community. Beyond serving as a primary resource for behavioral health treatment and education, NMH works collaboratively with health care providers, social service agencies, schools and community leaders to continuously assess needs and develop a responsive, effective service network.
“At a time when the opioid overdose and suicide crisis is at epidemic proportions, continued advocacy is needed to fund prevention and treatment services that are effective to address these problems.”

Message from the President & CEO

This part year has been another year of exciting successes and occasional challenges. Our Board of Directors and Leadership Staff have worked hard to develop and implement a comprehensive strategic business plan, which has helped enhance our financial sustainability and quality of our clinical services. We implemented a new communications and marketing plan, which included changing our name to Newport Mental Health, upgrading our website, and promoting our improved same-day access. This was the second year of implementation of our Integrated Health Home services, which has reduced psychiatric hospitalizations and improved health outcomes for the adults we serve with serious mental illnesses. We have almost doubled the capacity of our counseling services for children, families and adults this year.

In addition, we have strengthened our staff leadership and bolstered our collaboration with community partners. We have been fortunate to bring on board a new clinical leader. Dr. Wade Myers, M.D., triple board certified in forensics, child/adolescent and adult psychiatry, brings his extensive expertise and experience as our Medical Director. We have also strengthened our community partnerships in Newport County as well as statewide. Horizon Healthcare Partners (HHP) has added a fifth partner agency, Tides Family Services. Through HHP, we are poised to implement an enhanced mobile emergency crisis service and crisis beds. We have also enhanced our unique partnership between our HHP Community Mental Health Organizations and six Community Health Centers through our applying for certification as the only community-based, Medicaid-accountable care organization in Rhode Island. Lastly, our local community health center, EBCAP, and Newport Mental Health are integrating our behavioral health and medical health services for our shared clients.

Our biggest challenge has been getting paid for our services in a timely and complete fashion by the Managed Care Organizations (MCOs). The lagging and incomplete payments continue to plague not only our agency; they present a major challenge for all of the other Rhode Island mental health and substance use provider agencies. At a time when the opioid overdose and suicide crisis is at epidemic proportions, continued advocacy is needed to have state agencies hold these MCOs accountable for the timeliness and completeness of payment for the services provided to our most vulnerable citizens in Newport County and across the state.
“We must never forget that we do not exist just in order to exist, we exist to ensure that our clients – often the most ill members of society with no other place to turn – will have a refuge where support and medication can be provided while holding on to the real possibility of recovery.”

Statement from the Chair, Board of Directors

On behalf of the Board of Directors of Newport Mental Health I would like to thank all of you for coming here today to celebrate our accomplishments over the past year. Today we gather as board members, staff, caregivers, advocates, government leaders, and service recipients to stand together to fight for better mental health services in the state of Rhode Island.

Over the past several years we have weathered many challenges as changes in reimbursement plans seem to continuously cut into our ability to provide a full range of services.

Under the leadership of our President and CEO, Jamie Lehane, we have worked with diligence and determination to ensure Newport Mental Health stays on a firm financial footing while becoming a state leader in advocacy and innovation.

We must never forget that we do not exist just in order to exist, we exist to ensure that our clients – often the most ill members of society with no other place to turn – will have a refuge where support and medication can be provided while holding on to the real possibility of recovery.

Newport Mental Health continues to hire and retain top notch talent. These are people that are dedicated to a mission – not just a job. And it shows in our results.

The Board has continued to ramp up the ways in which it can contribute to the mission of the agency. Fundraising is at an all time high, with several exciting events planned for this year. Be sure to attend our Spring Golf Tournament and our Fall Gala. They are the backbone of the ambitious fundraising efforts we have undertaken. The addition of Donna Neville DeAngelis and Sandy Oxx to our staff to handle fundraising & development, and marketing & communications has made us a much more visible presence in Newport County.

This is the third year I have listed what YOU can do to help. One of the most important things we can do as individuals is advocate and fight the stigma that some still attach to mental illness. How? Here are some things you can do every day:

- Talk about mental illness; with your friends, your family, your coworkers, and anyone else you know.
- Do not let the problem be suffused with silence. Mention your work with the agency.
- Advocate with elected officials. We need to make every legislator, every elected official, know that we have a serious problem and that it is not being dealt with correctly.
- Advocate for more funding. Do not accept answers that do not explicitly support an increase in funding. For years, Rhode Island was a leader in mental health treatment, now we have fallen behind badly. Our elected leadership needs to know that more money must be allocated – simply looking for marginal efficiencies with existing funding will not bring about the improvements we need. Don’t accept that “we have to do more with less”. As David Simon, creator of The Wire said, “you don’t do more with less, you do less with less.”
- Inform people about the resources that are available. Make sure you know about the full range of our programs, and let others know.

In short, everyone here has a role in success, and we can be proud of the past year of accomplishment. We have worked together, with a shared common goal, and will continue to do so in the coming year. We look forward to your continuing support.
Three members will be retiring from our Board of Directors this year. Please join us in thanking them for their many years of dedicated service to Newport Mental Health.

Barbara J. Audino  Judy K. Jones  David L. Kelly
Adopted a new name and new tagline:

Newport Mental Health, “Hope, Health, and Recovery”

Finalized new Mission Statement, Values, and Approach to Care

New Website and Domain Name launched

Dr. Wade Myers joined NMH as Medical Director - Feb. 2017

Began Enhanced Employment Services Program

Increased paid client employment to 17%; leading the state at more than double the state average.

Outstanding Advocate for Mental Health award presented to President & CEO, Jamie Lehane at Community Care Alliance’s Community Champions Series Event

Implemented E-Prescribe “Dr. First” automation of all prescriptions

May is Mental Health Month Proclamations were read at local Council Meetings

Reduced staff turnover by 32% and increased recruitment of licensed mental health professionals

Increased the number of new people receiving service by 25%

Increased the number of Outpatient counseling staff

Continued Same-Day Walk-In Services
Newport Mental Health is one of Rhode Island’s leading nationally accredited community based behavioral health organizations, serving individuals and families during all stages of life. Our services include evidence-based adult mental health and substance use recovery services; Integrated Health Home Services; Assertive Community Treatment; child, family, and adult individual and group counseling services; supportive housing and vocational services.

Our psychiatrists, therapists, certified peer recovery specialists and other staff members use a variety of psychological approaches to mental health, including cognitive behavioral therapy (CBT), dialectical behavioral therapy (DBT), along with other recovery-oriented, holistic models to provide compassionate, quality care that delivers consistent measurable results. By improving the health of those we serve, we also empower and strengthen the communities we serve. Our highly dedicated staff and the effective implementation of our evidence-based programs help us to deliver exceptional care to approximately 2,000 individuals and families each year who live and work in Newport County.

We passionately believe that everyone can achieve a healthy and productive life. We take a strengths-based approach to care and continuously monitor and improve our care to ensure the best possible outcomes.

Our programs are continually re-examined and modified based on changing needs, client feedback and measured outcomes. We have unparalleled compliance and quality operations, treatment planning and assessment processes to ensure that every clinical interaction is of the highest quality.
Community Support Services

- Integrated Health Home Program (IHH)
- Assertive Community Treatment Program (ACT)
- Psychotherapy, Psychiatric Services, Mental Health Counseling and Case Management
- Integrated Dual Diagnosis Treatment (IDDT)
- Substance Use Treatment
- Homeless Outreach and Clinical Services (CABHI)
- Supervised Medication Program
- Nutrition Counseling
- Home Stabilization Services
- Vocational Services/Supportive Employment
- Peer Support
- Nursing and Wellness Services
- Employment Services
- Trauma Informed Services
  - Trauma Informed Cognitive Behavioral Therapy (CBT)
  - Dialectical Behavioral Therapy (DBT)
- Residential Services:
  - Anita Jackson House Group Home
  - Freedom Apartment Intensive Care Management Program
  - Shelter Plus Care Residential Services
  - Supportive Supervised Housing Apartments at Forrest Avenue, Bridgeview Condominiums, and Buck Road
  - Support Services to The McKinney Shelter & 50 Washington Square

Outpatient & Emergency Services

- Same-Day Walk-In Intake Assessments
- Emergency Assessment
- Psychiatric Evaluation
- Hospital Liaison Service
- Psychotherapy & Counseling Services – Individual, Group & Family
- Group Therapy Program
- Integrated Dual Disorder Treatment (IDDT)
- Information and Referral
- Crisis Stabilization & Mobile Outreach
- Medication Monitoring
- Nursing & Wellness Services
- Substance Use Treatment: Individual, Family and Group
- Urinalysis Drug and Alcohol Screening
- Behavioral Health Disaster Response Team
- Trauma Informed Services
  - Trauma Informed Cognitive Behavioral Therapy (CBT)
  - Dialectical Behavioral Therapy (DBT)
- Children’s Services
  - Counseling: Individual, Group, Family
  - Psychiatric Evaluation & Treatment
  - Crisis Stabilization
  - Juvenile & Family Court/DCYF Evaluations
“Mental health recovery means that on a daily basis I am to be the best me that I can be. I make healthy choices and surround myself with supportive, positive people. I eliminate all things toxic, and surround myself with positivity. It means that even when I’m having a bad day, that I made good choices, and remind myself that it’s ok not to be perfect. And lastly, it means that I learn to love myself for who I am and that I remain kind and compassionate while on the journey to rediscovering who I am.”

~ Amanda

“Mental health recovery to me means WILLINGNESS to find and use the strength and desire within to make change. Newport Mental Health has helped me with the right team to assist and encourage me in taking the necessary steps to ‘break the chains’!! Shout-out to John and Jill for believing in, and supporting me on my journey.”

~ Danielle

“Mental illness to me now is like this: as the brain is an organ of the body it can get sick, just as any other organ in your body – stomach, intestines, etc. I have a brain ache, that’s all.

Newport Mental Health, and the staff that I have come into contact with, have helped me to improve my quality of life. I had fallen into the stereotype of what I thought mental illness was. Since then, with the help of my case manager, therapist, and other staff, I have been able to learn that I am normal, and with the right team and medication I can have the quality of my life back without my own stereotypes of mental illness getting in the way. The staff here are empathetic and, most of all, trustworthy – that’s big with me!”

~ Walter
Community Support Services

Our comprehensive array of services and supports are a launching pad to recovery and independence. Our clients will find the hopeful encouragement, education and treatment to self-direct their behavioral and healthcare needs and find their individualized pathway to recovery and health.

Integrated Health Homes (IHH) Program is a team-based service that provides “whole person” approaches to healthcare that assist the client in accessing the medical, behavioral health and substance use providers, as well as other medical specialists, in a timely and coordinated manner. IHH provides comprehensive care management, care coordination and health promotion, transitional care from inpatient care back to the community, individualized and family support, referrals to community and social support services and the use of health information technology to link services.

Assertive Community Treatment (ACT) Program is an intensive mental health program made up of multidisciplinary staff who work as a team to provide the psychiatric treatment, rehabilitation and support services that clients need to achieve their goals. Staff include: Psychiatrists/Advance Practice RN’s, Licensed Clinicians, RN’s, Vocational Specialists, Peer Specialists, Case Managers, Substance Use Specialists, and Therapists.

Integrated Supportive Employment Services use an evidence-based individual placement services approach to assist our clients in obtaining competitive employment. Over 77 of our Community Support Services clients are supported in competitive jobs in the community each month. We believe that all of our clients can work and participate in meaningful and fulfilling activities of their choosing.

Our Safe and Affordable Supportive Housing offers adults with psychiatric, substance use and co-occurring behavioral health disabilities with just the right balance of independence and assistance for their individual stage of recovery. The Anita Jackson House group home provides supervised residential services to 14 adult residents with more serious mental health support needs. Our other residences in Newport and Middletown offer different levels of supervision and support, combined with our wide array of services and referrals.

Integrated Dual Diagnosis Treatment uses evidence-based practices designed to treat individuals with both psychiatric and substance use problems. Extensive research has determined that the more IDDT is followed with fidelity, the greater the reduction in substance use and psychiatric symptoms.
Newport Mental Health’s Outpatient Services Department treats individuals in need of individual, group, and family counseling. The clinicians and staff assist clients with managing anxiety, depression, obsessions, compulsions, bipolar disorder, and post-traumatic stress disorders. NMH ensures that you are matched with the best fit to meet your individual needs from our team of highly skilled clinicians.

Our Outpatient Substance Use Program provides outpatient substance use and co-occurring substance use and mental health counseling services. We work with other drug and alcohol rehabilitation and residential providers to augment our own substance use treatment program.

Our Child & Adolescent Outpatient therapists serve children who may be experiencing any of the following: emotional or behavioral struggles, ADD & school performance issues, risk for hospitalization, at risk for out of home placement and juvenile justice issues. We specialize in evidence-based treatments for children and adolescents who have undergone a traumatic experience. All adolescents and young adults are screened for alcohol and substance use when receiving services.

We work closely with police and fire departments, schools and others in the community helping people in psychiatric crisis. In addition, we also work with law enforcement and the courts to help offenders who need it obtain treatment, which has been shown to reduce recidivism.

Our Intake Department maintains the agency’s Open Access Walk-In Assessment Services, Monday through Friday, 9:00am-2:00pm, at our 127 Johnny Cake Hill Road location, and provides emergency crisis services 24-hours a day/7 days per week. Next day after-school appointments are available for school-age children and working parents.

Our 24-hour Emergency Crisis Line is (401) 846-1213.
# Service Statistics

**FY 2017 (July 1, 2016 – June 30, 2017)**

<table>
<thead>
<tr>
<th>FY 2017 Service Statistics by Service Element</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Case Management Visits</td>
<td>4,834</td>
</tr>
<tr>
<td>Outpatient Service Counseling Visits</td>
<td>3,063</td>
</tr>
<tr>
<td>Community Support Counseling Visits</td>
<td>2,320</td>
</tr>
<tr>
<td>Substance Use Counseling Visits</td>
<td>1,577</td>
</tr>
<tr>
<td>Assertive Community Treatment Visits</td>
<td>11,824</td>
</tr>
<tr>
<td>Integrated Health Home Case Management Visits</td>
<td>71,360</td>
</tr>
<tr>
<td>Emergency &amp; Screening Service Visits</td>
<td>1,321</td>
</tr>
<tr>
<td>Crisis Intervention Telephone Contacts</td>
<td>315</td>
</tr>
<tr>
<td>Medication Maintenance Visits</td>
<td>6,651</td>
</tr>
<tr>
<td>Supported Employment Contacts</td>
<td>4,497</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>104,269</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Community Support Clients Served</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-17 Years</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>18-64 Years</td>
<td>717</td>
<td>92%</td>
</tr>
<tr>
<td>65+ Years</td>
<td>65</td>
<td>8%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>782</strong></td>
<td><strong>100%</strong></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Outpatient Services Clients Served</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-17 Years</td>
<td>55</td>
<td>10%</td>
</tr>
<tr>
<td>18-64 Years</td>
<td>445</td>
<td>83%</td>
</tr>
<tr>
<td>65+ Years</td>
<td>35</td>
<td>7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>535</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

**Grand Total Clients Served** 1,317
## Financial Summaries

**FY 2017 (July 1, 2016 – June 30, 2017)**

### Program Revenue

<table>
<thead>
<tr>
<th>Program</th>
<th>Revenue</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Support Program</td>
<td>4,837,282</td>
<td>78%</td>
</tr>
<tr>
<td>General Outpatient</td>
<td>1,178,312</td>
<td>19%</td>
</tr>
<tr>
<td>Children's Programs</td>
<td>186,049</td>
<td>3%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>6,201,643</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

### Program Expense

<table>
<thead>
<tr>
<th>Program</th>
<th>Expense</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Support Program</td>
<td>4,588,113</td>
<td>73%</td>
</tr>
<tr>
<td>General Outpatient</td>
<td>1,452,587</td>
<td>23%</td>
</tr>
<tr>
<td>Children's Programs</td>
<td>274,616</td>
<td>4%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>6,315,316</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

### Total Program Surplus (Deficit)

- (113,673)

### Grants, Fundraising, & Other Revenue

- 307,417

### FY 2017 Surplus(Deficit)

- 193,744
Newport Mental Health has dramatically ramped up its marketing and communications this year. Below are just some of the projects we have adopted or are partnering on.

- A URI student marketing team developed a marketing plan focused on engaging ‘millennials’.
- Monthly “Peace of Mind” column began. The column is published in the Newport Daily News on the fourth Saturday of each month. The column highlights a different topic each month ranging from teen suicide to mental health issues for older adults.
- Digital newsletter is released every quarter with news about mental health in our community and statewide.
- Launched in the Spring of 2017, the quarterly Provider Networking Breakfasts joins together Newport Mental Health staff with local physicians, educators, assisted living and senior center directors, social workers, and others to network while enjoying breakfast. Each networking event has a different topic; the most recent one focused on the children of our community.
- Implemented a community education initiative including Mental Health 101 training on how to identify and prevent suicide.
- Multiple radio and cable television appearances.
- Developed a social media presence focusing on mental health and self-help.
- Participated in a highly publicized Webster Bank marketing campaign “The Moment” featuring Newport Mental Health.
**Agencies adopt shorter, simpler names**

By Janine Weisman – Sept. 20, 2017
Mercury Publication

“Newport Mental Health has replaced Newport County Community Mental Health Center after the Middletown-based center providing comprehensive, professional behavioral health services to individuals and families went through an intensive strategic planning and rebranding process with a consultant with the help of a $15,560 grant from the Rhode Island Foundation …”

“‘We’re doing much more community education and marketing than we ever did,’ said President and CEO Jamie Lehane. ‘If I go on the radio and get interviewed and you want to give our your website, it used to be a big tongue twister with a bunch of initials.’”

“The shorter, simpler name revealed in July is part of a strategic plan that aims to enhance, diversify and increase clinical services, develop the center’s workforce, improve community outreach and sustain financial stability, Lehane said. But the geographic focus will remain the same. ‘We didn’t want to walk away from our name. We do target our services to people who live and work in Newport County so we kept Newport in the name.’ Lehane said.”

“Lehane said Newport Mental Health’s new name will help make the center easier to find on the web and social media. Access to care is also the focus of the Weekday Walk-In, introduced earlier this year, providing Rhode Island’s only same-day mental health assessment services.”

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**Rock the Mansion raises record $56,000 for Newport Mental Health**

By Rob Borkowski – Nov. 6, 2017
Providence Business News

“Newport Mental Health netted more than $56,000, its largest fundraising event to date, at its fourth annual Rock the Mansion gala at Ocean Cliff Oct. 19.

‘We’re delighted at the support for mental health services for Newport County,’ said CEO and President Jamie Lehane of Newport Mental Health. ‘It’s heartening to see that more and more people are realizing the need for mental health treatment for teens, older adults and those with co-occurring addiction and psychiatric needs in the county and country overall. We still have more work to do, but it’s good to see the progress.’

About $6,000 of the fundraising total was raised for three Fund-a-Need projects, which include: emergency crisis support, a licensed clinical and psychiatrist on call to respond to crisis calls 24 hours per day; counseling for underinsured and uninsured for NMH clients with little or no health insurance get needed treatment and medication; and waiting area renovations for two waiting rooms, one at 127 Johnny Cake Hill Road, the other at 65 Valley Road, sorely in need of repairs and updating after 20 years without refurbishments.”
Businesses, community members and volunteers came together on Monday, June 26th, to support Newport Mental Health’s 3rd Annual Golf Tournament at Green Valley Country Club in Portsmouth. The day delivered perfect weather, fairways and greens – a golfer’s paradise. Players enjoyed a fun day of golf, barbeque luncheon, and at the conclusion of the tournament, prizes were awarded for 1st, 2nd, and 3rd place teams, longest drives and closest to the pin for men and women.

Thanks to the generosity of many corporate and individual sponsors and community participants, the event raised over $18,000 in gross proceeds. Monies generated from this event help to support our important mission of providing quality, recovery-oriented care to adults, children, and families with mental health and substance use treatment needs.

Attracting many new sponsors and guests, Newport Mental Health raised over $65,000 in gross revenue, its largest fundraising event to date, at its 4th Annual Rock the Mansion Gala at Ocean Cliff in Newport, Rhode Island.

The October 19th event, overlooking Narragansett Bay, gave gala participants a chance to experience Newport in grandiose fashion, as many arrived just as the sun was setting and fleets of mega-yachts, luxury liners and fishing boats were returning to port. The night also included festivities such as the Wall of Wine, Silent and Live Auctions, dancing to live tunes from Brass Force, and tasting an array of haute cuisine appetizers and specialty food stations. The delicious food was donated by Jo’s American Bistro and Fluke Newport and prepared by Chef Bradley McCoil and his talented team at Ocean Cliff.

During the evening, a special Fund-A-Need appeal was made to the audience to help support three projects which included the emergency crisis support, counseling for under-insured and un-insured, and waiting area renovations. Thanks to many thoughtful and generous donors, we raised over $6,000 from this funding request.

### Fundraising Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Revenue</th>
</tr>
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<tbody>
<tr>
<td>3rd Annual NMH Golf Tournament</td>
<td>$18,300</td>
</tr>
<tr>
<td>4th Annual NMH “Rock the Mansion” Benefit Gala</td>
<td>$65,900</td>
</tr>
<tr>
<td><strong>Total Gross Revenue</strong></td>
<td><strong>$84,200</strong></td>
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</tbody>
</table>
Newport Mental Health has been blessed by the generosity of its community. Your support is an integral part of the care we provide. Thank you!

James M. Lehane III, President & CEO

The gifts listed on the following pages reflect contributions made from January 1st, 2017 through December 31st, 2017.

Global Corporate Sponsors
Corporations who make an annual donation and receive recognition and presence at our two annual fundraising events.

Gold Sponsor - $5,000
BankNewport
Neighborhood Health Plan of RI

Ruby Sponsor - $2,500
Newport Restaurant Group

Community Sponsor - $1,000
Mandell, Schwartz & Boisclair Kahn, Litwin, Renza & Co.
Annual Campaign Sponsors
Individuals and Corporations who make a one-time annual donation to the Agency

Dr. & Mrs. Lawrence Audino
Mr. & Mrs. John Elder
Mr. Drew T. Estabrook
Mr. & Mrs. Stephen Freedman
Ms. Lise Gescheidt
Ms. Varina Gunn
Ms. Lise M. Iwon
Mr. & Mrs. Brian Jones
Mr. & Mrs. David L. Kelly
Mr. & Mrs. Robert Kieronski
Ms. Joyce Kirby & Mr. Michael Greene
Mr. Karl Landgraf
Ms. Jean Manni
Dr. & Mrs. Kenneth McCarthy
Ms. Colleen Medeiros
Mr. & Mrs. Arthur Milot
Mr. & Mrs. Richard Munich
Dr. & Mrs. Kevin O’Brien
Mr. & Mrs. Kenneth Pattie
Ms. Elizabeth Phelps
Mr. & Mrs. James Purviance
Mr. Steven Resnick
Dr. Kenneth Rosenthal
Ms. Julie Toland
Ms. Mariana Toland-Hankow
Tufts Health Plan
Ms. Janice Vashon
Ms. Judith Webb
Ms. Barbara Winkler

Fund-A-Need Donors
Individuals who make a one-time donation to our special appeal during our Rock the Mansion Benefit Gala.

Mr. & Mrs. Robert Artus
Dr. & Mrs. Lawrence Audino
Ms. Kimberly Baer
Ms. Barbara Bailey
Ms. Jeanette Beach
Ms. Kathleen Cassin
Ms. Joann Carlson
Mr. & Mrs. Martin Cohen
Mr. Joseph DeAngelis
Mrs. Donna Neville-DeAngelis
Dr. & Mrs. Steven Freedman
Lise Gescheidt, Esq.
Mr. & Mrs. David Gumbart
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Mr. Jonathan Lehane
Ms. Colleen Medeiros
Mr. & Mrs. John Patterson
Mr. & Mrs. Mark Perrotti
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Mr. & Mrs. Matthew Rodgers
Mr. & Mrs. Richard Sebastiao
Mr. Christopher Thomas
3rd Annual Golf Tournament – Monday, June 26th, 2017

Global Presenting Sponsors:
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Mr. Allen H. Cicchitelli
Finn & Meehan Wealth Management
Ms. Joyce Kirby & Mr. Michael Greene
Ms. Pamela Rooney
S.A. Davol Co., Inc.
Marion Golf Club

L-R: Donna Neville-DeAngelis, Mary-Kate O’Leary, and Deborah Ruggiero join Lori Caron Silveira on the Adler, Pollock & Sheehan Team

President & CEO, Jamie Lehane makes his opening remarks before golfers tee off for the 3rd Annual Golf Tournament

L-R: Brenda Carlin, Brenda Sabbag, Diana DiBari, and Robin Krieger celebrate their 1st Place Win
3rd Annual Golf Tournament – Monday, June 26th, 2017

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Tee Sign Sponsors - $100
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S.A. Davol Co., Inc.
Sean’s Landscaping
The State Ballet of Rhode Island
WM. J. Lamar & Sons

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Newport Country Club
Newport National Golf Club
Newport Storm
Ocean Cliff I & II
People’s Credit Union
The Newport Music Festival
Ms. Julie Toland
Wanumetonomy Golf & Country Club

An additional thank you to other individuals who played in our tournament, and to the volunteers who donated their valuable time to make our day a success.
4th Annual Rock the Mansion Gala – Thursday, October 19th, 2017

Global Presenting Sponsors:
BankNewport • Neighborhood Health Plan of RI

Rock Star - $3,000
Ms. Joyce Kirby & Mr. Michael Greene

Promoter - $2,000
Mr. & Mrs. David L. Kelly

Stage Manager - $1,000
First Bristol Corporation
Ms. Julie Toland

President & CEO, Jamie Lehane, and Board Chair, Steve Erickson give their opening remarks at the 4th Annual Rock the Mansion Gala

Richard & Lorraine Sebastiao with Joann Carlson of Jo’s American Bistro

Mindy & Rob Artus

Mary-Kate O’Leary, Bro. Michael Reis, & Carla Bisbano from Tides Family Services

Michael Greene & Board Member, Karl Landgraf

Board Chair, Steve Erickson & First Vice Chair, Joyce Kirby share a joke
**Roadie - $500**
Mr. & Mrs. David Butterfield  
CBIZ Primarily Care  
CODAC Behavioral Healthcare  
DiPrete Engineering  
Bonnie & Steve Erickson  
Rocky Kempenaar  
Kirby Perkins Construction  
Mr. Karl Landgraf  
Mutual of America  
New England Institute of Technology  
Paolino Properties  
Savings Institute Bank & Trust  
Mr. Asheton C. Toland  
1 Anonymous Donor

**Fan - $250**
Dr. & Mrs. Lawrence Audino  
Beacon Distributors, Inc.  
Mr. & Mrs. J. Clement Cicilline  
Kevin Hagan Law  
Law Office of Christopher J. Behan  
Law Office of Richard P. D’Addario  
Ms. Lisa Lewis  
Minuteman Press of Aquidneck Island  
Newport Hardware  
The Kent Center
4th Annual Rock the Mansion Gala – Thursday, October 19th, 2017

Global Presenting Sponsors:
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Contributors
Ms. Leilani Brenner
Mr. Joseph DeAngelis & Ms. Donna Neville DeAngelis
Ms. Bettina B. Delsesto
Ms. Diana DiBari
Richard S. Humphrey, Esq.
Ms. Lise M. Iwon
Ms. Mary M. Jennings
Ms. Elizabeth Lazarus
Mr. Louis Massari & Ms. Joanne Walsh
Newport Animal Hospital
Dr. & Mrs. Kevin O’Brien
Ms. Elizabeth D. Phelps
Mr. & Mrs. James Purviance
RI Coalition for Children & Families
Ms. Carolyn DuPont Sickles
Ms. Kathleen Weibel
Ms. Carol J. Young
Ms. Joan M. Zuerner

President & CEO, Jamie Lehane enjoys a night of dancing with Senator Dawn Euer (first left) and friends at the 4th Annual Rock the Mansion Gala
4th Annual Rock the Mansion Gala – Thursday, October 19th, 2017

Global Presenting Sponsors:
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Auction Donors – Live & Silent

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Carolyn’s Sakonnet Vineyard
Center for Therapeutic Massage
Chopmist Charlie’s
Conanicut Marine Services
Courtyards
Delta Dental of RI
Evelyn’s Drive-In Restaurant
Ms. Sally Ferreira
Fluke Newport
Mr. Kevin Gaudreau of KG Kitchen Bar
Mark Gorman Music
Green Valley Country Club
Ms. Kim Johnson Gross
Gurneys Newport Resort
Ms. Donna Henlyshyn
Ms. Gail Holmes
Interstate Navigation
J22 Tap & Table
Jamestown Outdoors
Jo’s American Bistro
Mr. Hank Kniskern
Ms. Robin Krieger
Ms. Meg Little
Little Compton Pilates
Little Miss Bear Clothing Line
Living Water Surf, Co.
Love Living Holistics
Ms. Colleen Medeiros
Metacomet Country Club
Ms. Sarah Minor
Monelle
Elizabeth Moniz & Charles Castle of Vickers’ Liquors
Montaup Country Club

Auctioneers Emlen & Liz Drayton work the crowd at the 4th Annual Rock the Mansion Gala

Anita Conway & Joan Beachnau check out the Silent Auction items

Live Auction Donor Gail Holmes with Joe Sheehan
4th Annual *Rock the Mansion* Gala – Thursday, October 19th, 2017

Global Presenting Sponsors:

**BankNewport • Neighborhood Health Plan of RI**

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**Auction Donors – Live & Silent Cont’d.**

- New England Home Magazine, LLC
- Newport Bay Club
- Newport Harbor Corporation
- Newport Physical Therapy
- Newport Playhouse & Cabaret Restaurant
- Newport Restaurant Group
- Newport Storm
- Newport Vineyards & Winery
- Nikolas Pizza
- Ocean Cliff I & II
- Oldport Marine Services
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- People’s Credit Union
- Ms. Aggie Perkins
- Pulse Newport
- Ms. Ginny Purviance
- Rhode Island Philharmonic
- Mr. Brook Roberts
- Ms. Joanne Rodgers
- Rose Farm Inn
- Salt
- Scribe
- Sean’s Landscaping & Maintenance
- Sephora of Newport
- Simpatico Jamestown
- Slice of Heaven
- Spalon
- Story Land
- The 1661 Inn
- The Holly Tree Resort Hotel, Cape Cod
- The Island Heron
- The Newport Experience
- The Preservation Society of Newport County
- The Purple Door
- Tiffany Peay Jewel Box
- Trinity Repertory Company
- Ms. Melita Merritt Warner
- Wellness Circle
- Ms. Barbara Winkler
- Yankee Candle of Newport
- YMCA – Newport County

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*Guests view an array of Silent Auction items*

*Silent Auction item donated by Ginny Purviance*

*Boston Celtics Tickets donated for the Silent Auction by Board Member, Barbara Winkler*
In-Kind Donors

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Ms. Joann Carlson
Confectionary Designs
D’Artagnan
Ms. Neyda DeJesus
Diane Miller Photography
Liz & Emlen Drayton
Edible Arrangements
Ferreira’s Wine & Spirits
Fifth Ward Liquors
Fluke Newport
Horizon Beverage
Island Wine & Spirits
Jamestown Wine & Spirits
Jo’s American Bistro
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Kilwins Chocolates & Ice Cream
Kinnealey
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MF Foley
Moriarty’s Liquor Locker
MS Walker
Ms. Donna Neville-DeAngelis
Newport Lobster Shack
Newport Specialty Foods
Newport Sweet Shoppe
Ms. Inna Nessa Noble

Ocean Cliff
Ocean Cliff I & II
Mr. John J. Patterson
Pink Box
R. Daniel Prentiss, Esq.
Providence Beverage
RI Distributing
Simpatico Jamestown
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The French Confection
The Newport Experience
The Wellington Resort
Ms. Julie Toland
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Brick Alley Pub & Restaurant
Chili’s Grill & Bar
Coast Guard House
Crosswynds
Crowthers Restaurant
Deborah Winthrop Lingerie
East Greenwich Odeum
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Ida’s Restaurant
Jamestown Hardware
Jo’s American Bistro
Lobster Bar & Landing
Localz Kitchen & Cocktails
Matunuck Oyster Bar
Milk & Honey Bazaar
Mission
Narrows Center for the Arts
Newport County Chamber of Commerce
O’Brien’s Pub
Ocean Essence Spa & Therapeutic Massage
Sakonnet River Grille
Shorty’s Pub
Spinnaker’s Café
The Black Whale
The Cookie Jar
The Fifth Element
The Groom Room
The Newport Harbor Hotel & Marina
The North End Pizzeria
The Secret Garden

Volunteers

Thank you to those who volunteered their time to make our event a success.

Rebecca Bringhurst
Geremie Callaghan
Farrell Carley
Joann Carlson
Laura Clarke
Mary Jane Creely
Brett Corrigan
Louis Delgado
Liz Hebb
Sheila LaVault
Mary Macedo
Maria McCutcheon
Samantha McGowan
Brandon Medeiros
Donna Neville-DeAngelis
Sandy Oxx
Megan Patin
Brianna Rice
Debi Schindler
Jackie Sheehan
Paula Stoos
Eric Toolin
Save the Date

4th Annual Golf Tournament
Monday, June 11th, 2018
Wanumetonomy Golf Club
Middletown, RI

5th Annual Rock the Mansion Benefit Gala
Thursday, October 11, 2018
Ocean Cliff
Newport, RI
“Do not give your past the power to define your future.”
~ Unknown

“If my revelation of having Bipolar II has encouraged one person to seek help, then it is worth it. There is no need to suffer silently and there is no shame in seeking help.”
~ Catherine Zeta Jones, Actress

“Yes, I am mentally ill. I’m not embarrassed about it. And I have written my best work not when flirting with the brink, but when treating my chronic health problem with consistency and care.”
~ John Green, Screenwriter

“Getting a psychiatrist was the best thing I ever did for myself. Don’t let ANYONE shame you into not getting help.”
~ Rachel Bloom, Actress

“Your illness does not define you. Your strength and courage does.”
~ Unknown

**Kintsugi**

The ancient Japanese art of mending broken objects with gold teaches us that if we choose to embrace our struggles and repair ourselves with love, we become more beautiful for having been broken.
The Power of Partnering

The amazing community partners we work with to touch the lives of over 87,000 people a year:

Towns of Newport, Middletown, Portsmouth, Jamestown, Tiverton and Little Compton

and their Public Schools, Police, and Fire Departments

The Rhode Island Department of Behavioral Health, Developmental Disabilities and Hospitals (BHDDH)
The Rhode Island Department of Children, Youth and Families (DCYF)
Substance Use & Mental Health Leadership Council of RI (SUMHLC)
Community Health Center-Accountable Care Organization (CHC-ACO)

Newport Partnership for Families
VNS of Newport & Bristol Counties
RI Legal Services
Salve Regina University
East Bay Community Action Program
RI Coalition for the Homeless
Community Care Alliance
Horizon Healthcare Partners
Mental Health Association of RI
RI Coalition for Children & Families
Women’s Resource Center
URI College of Nursing
Rhode Island Community Food Bank
Tides Family Services
Comprehensive Community Action Program
Washington Square Services Corporation
McKinney Cooperative Shelter
Church Community Housing Corporation

NAMI-RI
Bradley Hospital
CODAC
Rhode Island Red Cross
Newport Hospital
Rhode Island Housing
Edward King House Senior Center
ADCare
Child & Family Services
The Kent Center
Horizon Pharmacy
East Bay Center
Butler Hospital
Newport Nutrition
Family Services Solutions Center
Newport Housing Authority
Martin Luther King Center
Office of Rehabilitation Services
James L. Maher Center

PROGRAM CENTERS

Main Office:
127 Johnny Cake Hill Road
Middletown, Rhode Island 02842
(401) 846-1213

Community Support Services:
65 Valley Road
Middletown, Rhode Island 02842
(401) 846-6620

“Hope, Health, and Recovery”

www.newportmentalhealth.org