



# ANNUAL REPORT 2024





## Our Mission

The Mission of Newport Mental Health is to improve the lives of those who live, work, and study in Newport County by providing the highest quality, recovery-oriented, evidence-based, and integrated mental health and substance use care.



## Who We Are

Newport Mental Health is a Certified Community Behavioral Health Clinic (CCBHC). We are a 501(c)3, charitable nonprofit organization that treats people of all ages, from all walks of life, regardless of their income, insurance, or ability to pay.

We welcome children, adolescents, families, and adults who are experiencing problems with mental illness, substance use, or stress in their lives, and who would benefit from counseling and other behavioral health services and supports. Our person-centered recovery approach to care provides the opportunity to achieve a better quality of life and recovery from emotional illness. Through more than 30 unique programs, Newport Mental Health serves people of all ages and backgrounds, prioritizing the importance of family and community.

## What Sets Us Apart

**Person-centered care** values the person benefiting from health and social services as an equal partner in planning, developing, and monitoring care to ensure their needs are met.

**Outreach and engagement** are essential; we meet individuals where they are. We allow them to make changes when they are ready, and we take the time to build rapport, trust and hope with every individual we serve.

**Collaboration** honors our clients' wisdom, recognizing that they are the experts in their own lives.

**Autonomy** is at our core; we believe in empowering our clients and honoring their choices.

**Compassion**, empathy, and understanding are at the center of everything we do.

**Community** is not just an entity or a group of people; it's a feeling of connection to others, acceptance for who you are, and the promise of unconditional support. When you work with Newport Mental Health, you become part of our community.

## FROM THE PRESIDENT & CEO

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Dear Friends, Staff, and Community Partners,

In my first year as President & CEO, we have experienced significant milestones and transformative progress at Newport Mental Health. I want to express my heartfelt gratitude to each and every one of you. Your overwhelming support has been the backbone of our success; it is because of your commitment that we have navigated challenges and achieved milestones that we can all be proud of.



The highlight of 2024 was our recognition as a Certified Community Behavioral Health Clinic (CCBHC). After nearly a decade of work, Rhode Island was officially accepted into the federal Medicaid demonstration program in October, placing us among the first 18 states to meet the rigorous standards set for CCBHCs, and Newport Mental Health is proud to be the first of six clinics in the state to achieve this prestigious status.

Our teams have worked tirelessly to enhance our services, leading to a 30% increase in access particularly for our most fragile community members. We successfully relocated and expanded services in our newly updated building, which is designed to be welcoming for all members of our community. It is especially important to me that Newport Mental Health is a safe, accessible, and inclusive organization. Every time you enter our care, we want you to feel supported and hopeful that you have a trusted partner. We will help you expand your choices and obtain the results that you want and need, and we will never give up.

Addressing the complexities of mental health, substance use, and social inequality requires us to come together as a community — every day, we work in partnership with government agencies, healthcare providers, and local organizations. In 2024, we deepened our collaborations with key partners, including Newport Hospital, with whom we've expanded services; our local school systems, where we've increased access to behavioral health care for students; and law enforcement agencies, where we've enhanced training and co-response efforts to better serve those in crisis. Despite the state's worsening homeless crisis, our Street Outreach program housed 42 individuals from the street, and our Rhode Island Outreach (RIO) team provided more than 5,800 supportive encounters in the community. We proudly continue our work with the Dr. Martin Luther King, Jr. Community Center and CODAC, supporting the emergency warming center in Newport. These collaborations allow us to respond more effectively to immediate needs and help create a culture of care that reaches every corner of Newport County.

Looking ahead, we see many opportunities to expand and enhance our services. However, we must also stay vigilant as we move forward. We are aware of several challenges that could impact our community, including the state's hefty deficit and the continued work to move state contracts into Medicaid. It is with your support that we will overcome these challenges and continue to develop Newport County's health and well-being.

As we reflect on the remarkable achievements of 2024, we are filled with gratitude for all who have contributed to our mission. Together, we have made great strides, and together, we will continue to build on this momentum. The road ahead is filled with promise, and we are committed to fostering a culture of collaboration, innovation, and care. Together, we are strengthening not only the lives of individuals but the entire fabric of our community.

In closing, I want to reiterate my deepest appreciation for your confidence in us. Together, we will continue to build a robust community that thrives on innovation, collaboration, and shared success. I am excited about what lies ahead, and with your continued support, I know we can navigate any challenges that come our way.

A handwritten signature in black ink that reads "Dayna Gladstein".

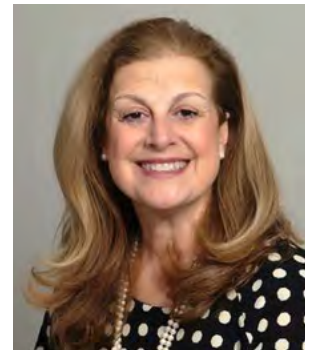
Dayna Gladstein, LICSW  
President & CEO

## FROM THE CHAIR OF THE BOARD

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Dear Friends of Newport Mental Health,

Thank you for your support of Newport Mental Health over the past year. This has been a year of great transition for the agency and there is much to celebrate. As I close my first year as Board Chair, I am so thankful for my incredible fellow board members, our President & CEO Dayna Gladstein, and the amazing staff at Newport Mental Health.



With an eye on mission above all else, the CEO transition to Dayna Gladstein from Jamie Lehane was seamless. Under Dayna's leadership, the Newport Mental Health team expanded services, moved locations, and increased the number of clients served by 30%. In a time when the community needs are great, Newport Mental Health continues to accept all clients regardless of their ability to pay. There is no waiting list and walk-in services are available five days a week.

Growing our vital services and the number of people served could not have happened without the support of our community. Thank you to our legislators, administrators, foundations, individual donors, community partners, volunteers, staff, clients and their families. As a child of someone who battled depression and anxiety, I saw firsthand how important family and community are to recovery.

As a Certified Community Behavioral Health Clinic (CCBHC), 70% of our clients have transitioned from fee-for-service billing to a prospective payment system that reimburses on a fixed monthly rate per client served. This ensures each client receives wrap-around services in addition to their behavioral health services and that Newport Mental Health is properly reimbursed for the costs incurred. The remaining 30% of clients remain on a fee-for-service basis, which on average, creates a funding gap of 40 cents on the dollar for NMH..

As we look to 2025, I ask for your continued support to ensure that Newport Mental Health can accomplish its priorities of expanding children, youth and family services, supporting families of our adult clients with serious conditions, and meeting the needs of those clients who also have substance abuse disorders.

There are many ways you can help:

- **Advocate:** Help spread the word about the vital services Newport Mental Health provides to our community. Let our elected officials know the importance of supporting adequate funding and legislation.
- **Donate:** Giving your time, talent, and treasure will help ensure that Newport Mental Health can continue its lifesaving work in the community. Consider joining us and/or sponsoring our events, volunteering your time, and asking your family, friends, and employer to help.
- **Spread the word:** Start the conversation with family and friends about mental health and let them know about the services available to everyone who lives, works, and studies in Newport County.

Thank you again for supporting this incredible organization and its mission to improve the well-being of our community!

A handwritten signature in black ink that reads "Nicki Colosi Trilling".

Nicki Colosi Trilling  
Board Chair





## Board of Directors

NICKI COLOSI TRILLING  
*Chair*

MADELINE TURANO  
*Vice Chair*

JOSEPH ARVER  
*Treasurer*

HILLARY DAVIDSON  
*Secretary*

DAYNA GLADSTEIN  
*Clerk*

Barbara J. Audino  
Tyler Bernadyn  
Karen Cadwalader  
Dr. Janice DeFrances  
Brian Geer  
Mark Horan  
Angela Lima  
Osasemwinhia Ogboghodo  
Kendra Toppa  
A. Lavaz Watson  
Barbara Winkler



### Honorary Member:

Hon. J. Clement Cicilline



### Emeritus Members:

Hon. Stephen Erickson  
Joyce Kirby, Esq.

## 2024 Leadership



Dayna Gladstein, LICSW  
*President & CEO*



Anthony Nassaney  
*Chief Financial Officer  
(Interim)*



Tyler Wilkinson  
*Chief Operating Officer*



David Boscia, MSW, LCSW  
*Chief Clinical Officer*



Cyndi Wheeler, MBA  
*Chief Quality Officer*



Dr. Richard Whalen  
*Medical Director*



Susan Piacenti, CFRE  
*Vice President of  
Philanthropy*



Christopher Crotteau  
*Vice President of  
Information Technology*



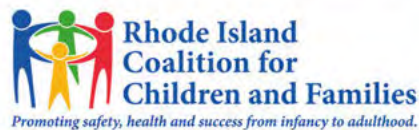
Francheska Calderon  
*Director of  
Human Resources*



Integrated  
Healthcare  
Partners



HEALTHY MINDS • STRONG COMMUNITIES



The Substance Use and  
Mental Health Leadership Council of RI

# Community Partners

Partnerships are critical to Newport Mental Health's work and culture.  
We are grateful to the following for their partnership to enhance  
outcomes for the people we serve together.



988 Suicide and Crisis Lifeline  
Aquidneck Island Clergy Association  
Behavioral Healthcare, Developmental Disabilities &  
Hospitals (BHDDH)  
BH Link  
Boys & Girls Clubs of Newport County  
Boys Town New England, Bazarsky Campus  
Bradley Hospital  
Butler Hospital  
Carelink  
Child & Family Services  
Church Community Housing  
City of Newport  
City of Newport Prevention Coalition  
CODAC  
Community Care Alliance  
Community College of Rhode Island  
Conexion Latina  
Dr. Martin Luther King Jr. Community Center  
East Bay Community Action Program  
Edward King House Senior Center  
Elks Lodge #104  
Executive Office of Health and Human Services (EOHHS)  
Hasbro Children's Hospital  
Horizon Healthcare Partners  
Horizon Pharmacy  
Integrated Healthcare Partners  
Jamestown FD COAST  
Lobby Muddy Fest  
Lucy's Hearth  
McKinney Cooperative Shelter  
Mental Health Association of RI  
Middletown Baptist Church  
Middletown Prevention Coalition  
Middletown Public Schools  
NAMI-RI  
National Council for Behavioral Health  
Newport County Prevention Coalition  
Newport County YMCA

Newport Hospital  
Newport Housing Authority  
Newport Housing Hotline  
Newport Partnership for Families  
Norman Bird Sanctuary  
Office of Rehabilitation Services  
Operation Stand Down  
Parent Support Network / Hope Recovery Center  
Portsmouth Prevention Coalition  
Portsmouth Public Schools  
Rhode Island Coalition for Children & Families  
Rhode Island Coalition to End Homelessness  
Rhode Island Community Food Bank  
Rhode Island Department of Health (RIDOH)  
Rhode Island Housing  
Rhode Island Office of the Health Insurance  
Commissioner  
Saint Philomena School of the Sacred Heart  
Salvation Army  
Salve Regina University  
South Coast Medical  
South County Health  
Substance Use and Mental Health Leadership  
Council of RI  
Thrive Behavioral Health  
Tides Family Services  
Tiverton Public Schools  
Town of Jamestown  
Town of Little Compton  
Town of Middletown  
Town of Portsmouth  
Town of Tiverton  
Trinity Village Healthy Living  
Turning Around Ministries RI  
University of Rhode Island College of Nursing  
Veterans Health Administration  
Visiting Nurses of Newport & Bristol Counties  
Washington Square Services Corporation  
WellOne - North Kingstown  
Women's Resource Center  
Zero Suicide Institute

## HOW WE CAN HELP

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### Open Access: Just Walk In, No Appointment Needed

Newport Mental Health operates under an Open Access Model, which means you can walk in without an appointment between 9am and 2pm Monday - Friday and meet with a mental health professional that same day. We welcome everyone, regardless of socioeconomic status, insurance, location, or age.

The first step is an assessment, where one of our mental health professionals listens to your concerns, asks questions, and learns all they can about you in order to ensure you get the right care. Most of the time, care is provided at our location, but if there's a better fit with one of our partner agencies, we will make contact and provide a "warm hand-off" to ensure you receive the right care, right away.

For many, calling to set an appointment can feel like a monumental task. The anticipation of that first appointment can be more uncomfortable than the session itself. That's why we provide the space for "I'm going to just walk in today," which leads to an immediate connection with a provider, increasing the likelihood of longer-term engagement.

### Mobile Crisis: We Come to You

In a behavioral health crisis, we can come to you – whether you're at school, home, or another community space. Our Emergency Services Department is fully staffed 24/7/365 with mobile crisis clinicians who are specially trained in crisis management, de-escalation, and risk assessment for those experiencing a psychiatric crisis.

**The Rhode Island Outreach (RIO) team** also responds to mental health and substance use crisis calls. The RIO teams include a trained behavioral specialist and a trained medical specialist who travel in specially equipped vans. They also work proactively in the community visiting shelters and public spaces with the goal of connecting people to services before they reach a crisis level.

**Our crisis helpline – (401) 846-1213 option 1** – is answered by a trained professional 24/7/365. They triage the call and dispatch the team appropriate to the situation. You can also call 988.

Historically, behavioral health emergencies were managed through 911, police response, and/or the local hospital Emergency Department. While some situations require these responses, many do not. Our program follows the Substance Abuse and Mental Health Services Administration (SAMSHA) best practices of mobile crisis and of co-response, which diverts behavioral health crises away from law enforcement and hospitalization unless absolutely necessary. Newport Mental Health and its crisis outreach teams work closely with the law enforcement agencies in our community to ensure the proper care and safety of all involved.

## We Are Here When You Need Us

### WALK-IN SERVICES

Monday-Friday, 9:00am – 2:00pm at 42 Valley Road, Middletown, RI

### 24-HOUR CRISIS HELPLINES

**(401) 846-1213 option 1** - Newport Mental Health Emergency Service  
**988** National Crisis Lifeline; calls are referred to Newport Mental Health as needed

### QUESTIONS?

Call **(401) 846-1213** if you have questions, want to see us but can't visit during walk-in hours, or if you simply don't know where to turn. We're here to help.



“ Our children have been seeing their counselors at Newport Mental Health since June. We have been so pleased with the care and help they receive from NMH. There has been an immense difference in the way our children communicate with us, which has been wonderful.

Their counselors give them coping mechanisms and things to try to help them deal with their emotions and feelings. Their counselors care and truly want to help our children work on things they struggle with in their lives.

Both of our children get excited to go to their appointments. They feel comfortable talking about real feelings, emotions, and other things that come up in their lives. This has not always been the case. Their counselors are a safe space for them, and for that, we are eternally grateful! ”

- Mother of two teenage NMH clients



“ I have been extremely pleased with the care of my daughter. We have gone through a lot in the past 18 months and our daughter’s counselor has been amazing. My daughter feels like she can talk to and trust her counselor, which is huge.

I have noticed that my communication with my daughter has also improved due to the time she has spent with her.

I appreciate all the help from Newport Mental Health. Cannot say thank you enough for the work you all do. ”

- Father of tween NMH client



## Newport Mental Health Earns Prestigious CCBHC Designation



On October 1, 2024, Rhode Island marked a significant milestone in behavioral health care. The state was selected by the U.S. Department of Health and Human Services (HHS) to join the federal Certified Community Behavioral Health Clinic (CCBHC) Medicaid Demonstration program. This achievement places Rhode Island among the first 18 states to be selected for the program, which brings federal Medicaid funding to the state. Six clinics in Rhode Island, including Newport Mental Health, earned the CCBHC designation.

### What is a CCBHC?

CCBHCs are designed to provide comprehensive behavioral health services to anyone in need—regardless of their ability to pay, place of residence, or age. They also ensure specialized, developmentally appropriate care for children and adolescents. A CCBHC will:

- **Provide mental health support to you or a loved one**
- **Help you or a loved one with a substance use disorder**

CCBHCs must meet high standards for the range of services provided. Each clinic determines the “right” services to meet the needs of its community. CCBHCs are also required to get people into care quickly. In addition, CCBHCs:

- **Break down barriers to access by providing walk-in appointments and a 24/7 crisis helpline**
- **Integrate primary care and behavioral health care**
- **Promote collaboration with other agencies. Newport Mental Health has 30+ care coordination agreements across the state**

### Newport Mental Health’s Road to CCBHC

In 2014, Newport Mental Health developed a strategic plan with the goal of achieving the CCBHC designation. A federal development grant was awarded to NMH in 2018, which allowed further expansion of programs and services, and allowed NMH to operate as a CCBHC. With Rhode Island’s official adoption into the federal demonstration program this year, we now have both state and federal recognition as a CCBHC.

The program is already improving behavioral health care and access in Newport County. Since October 2024:

- **Newport Mental Health has increased the number of new clients by 33%**
- **Hospital admissions in Newport County for avoidable medical and psychiatric conditions have decreased by 21%**

## “100 Women” Events Foster Community Connection

The “100 Women” philanthropic forum continues to empower community members to champion mental health awareness and recovery in Newport County. Led by NMH Board Members Kendra Toppa, Karen Cadwalader, and Hillary Davidson, the 2024 series included:

**April:** Mackenzie Nordone, a support group facilitator for No Compulsive Disorder (NOCD), providers of treatment for Obsessive Compulsive Disorder (OCD), shared her story of living with OCD. It is her hope that her vulnerability will help break the stigma that surrounds OCD and mental health in general. She was joined by NMH Chief Clinical Officer, David Boscia, and Brigitte Shaffer, Division Director of Crisis Stabilization Services, to answer questions about this often misunderstood disorder.

**August:** Ruth shared her story as a caregiver, highlighting that those who struggle with mental health or substance use issues are not the only ones who need support – their loved ones are often equally in need of someone in their corner. She was joined by David Boscia and Dayna Gladstein for a lively discussion of how to both give and receive care.

**November:** NMH Board Member Karen Cadwalader, a Psychiatric Nurse Practitioner, and NMH Chief Clinical Officer, David Boscia, led a discussion of holiday stress and provided strategies for navigating what can be an emotional holiday season. Breathing exercises were led by Certified Life Coach and Trauma Informed Breath Coach, Michaela Gouveia.



## Providence Business News Recognizes Newport Mental Health with Two Awards

In 2024, Newport Mental Health earned two prestigious awards from Providence Business News (PBN):

**PBN C-Suite Awards (April):** David Boscia, Chief Clinical Officer, was recognized for his leadership and innovation in expanding services across more than 30 programs, particularly for children and emergency services. “David’s ability to lead with compassion and vision sets him apart as a colleague, caregiver, and partner,” said Dayna Gladstein.

**PBN Innovative Companies Award (September):** This award celebrated Newport Mental Health’s innovative business practices, such as adoption of cutting-edge technologies like Scribe, an AI-based transcription tool that reduces administrative burdens for therapists, allowing greater focus on patient care. The award also highlighted the organization’s federal CCBHC designation and new programs such as the Rhode Island Outreach (RIO) team.

**PBN** PROVIDENCE BUSINESS NEWS  
**innovative companies**  
**2024** winner

## NMH Relocates to 42 Valley Road

In August, Newport Mental Health moved its adult programs, walk-in appointments (Open Access), and administrative staff to 42 Valley Road in Middletown. This larger, newly renovated space was carefully reimagined to better serve the evolving needs of our clients and community.

“With the new Certified Community Behavioral Health Clinic (CCBHC) federal designation, we’ve not only seen a significant increase in demand for our services, but we are adding new programs, leading us to expand our operations at 42 Valley Road,” says Dayna Gladstein, President & CEO.

The new location has more therapy space and additional rooms for support groups. “Our new therapy spaces are not only more welcoming but are also specifically designed to enhance the client experience,” adds David Boscia, Chief Clinical Officer. “Both our clinicians and clients are benefitting from this new environment.”

Newport Mental Health continues to provide primary care for clients at the 65 Valley Road location. Supportive offices for our Street Outreach teams are located in Newport, and our Anita Jackson House and Freedom Apartments residential programs remain in Middletown.

## New Intensive Programs Added

In 2024, Newport Mental Health introduced two new intensive outpatient programs, providing vital alternatives to inpatient care:

### **Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS)**

Developed by the Yale School of Medicine’s Child Study Center, this home-based program supports families in Newport County. A multidisciplinary team provides intensive, in-home and community-based treatment and interventions to help children with acute psychiatric needs remain safely at home.

**The Intensive Outpatient Program (IOP)** is a clinic-based program for the treatment of substance use disorders and co-occurring diagnoses in adults. The IOP utilizes evidenced-based practices and harm reduction strategies to provide more intensive support and therapy than traditional outpatient services, allowing clients to maintain a level of independence and continue with their daily living activities.



## Where We Are

**143,844**

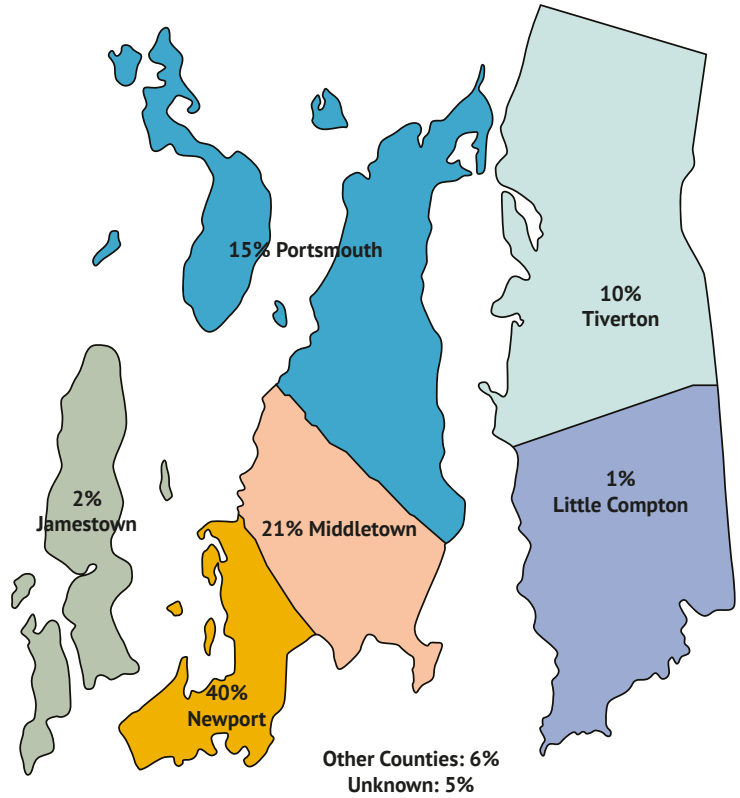
Total Interactions with Rhode Islanders

**5,849**

Rhode Island Outreach (RIO) Community Interactions

**5,242**

Responses to Calls for Emergency Services



**<24 hours**

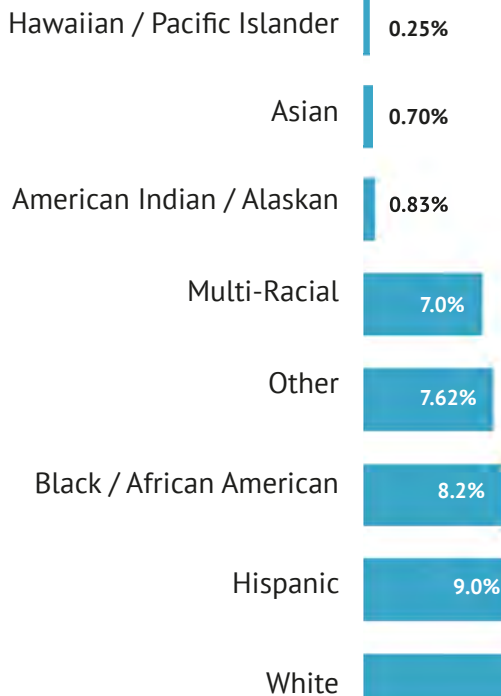
Average time to care

**0**

waiting lists

**30%**

increase in access to care

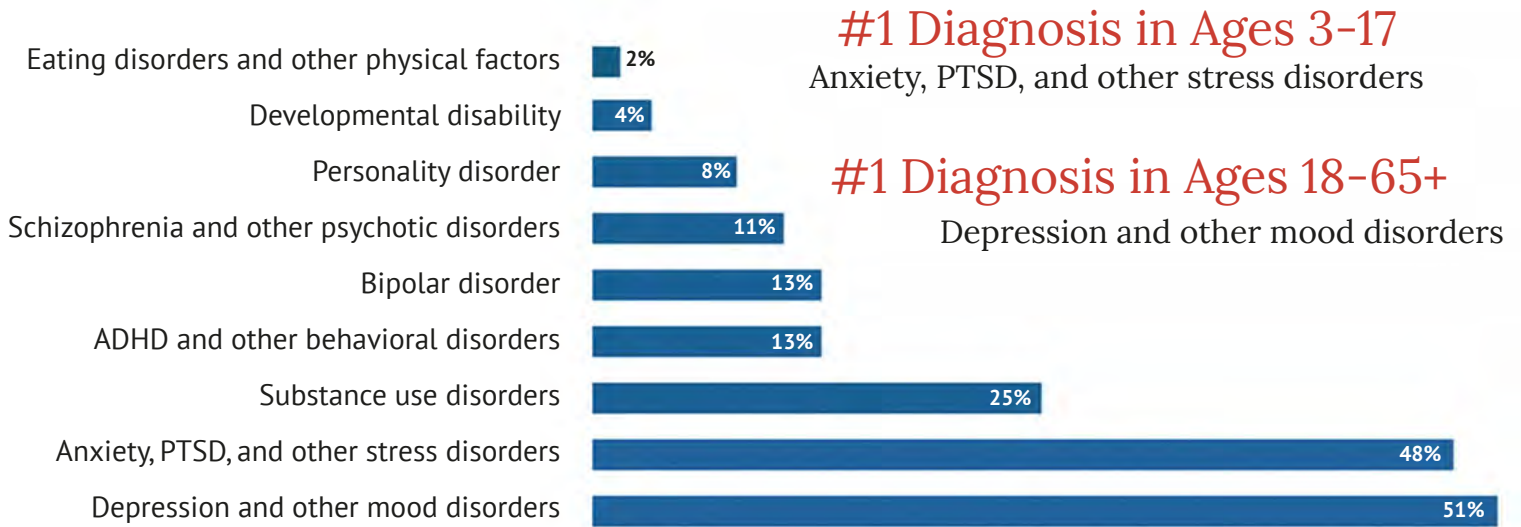


## WHO YOU'RE

### Snapshot of Our 2,384 Clients

Male at Birth = 48.0%  
 Female at Birth = 47.8%  
 Gender Not Disclosed = 4.2%  
 LGBTQIA = 33%  
 College / Advanced Degree = 17.10%  
 High School Diploma / GED = 39.80%  
 Veteran / Active Duty Military = 3%

## What We're Treating



**#1 Diagnosis in Ages 3-17**

Anxiety, PTSD, and other stress disorders

**#1 Diagnosis in Ages 18-65+**

Depression and other mood disorders

**42**

clients placed in stable housing

**107**

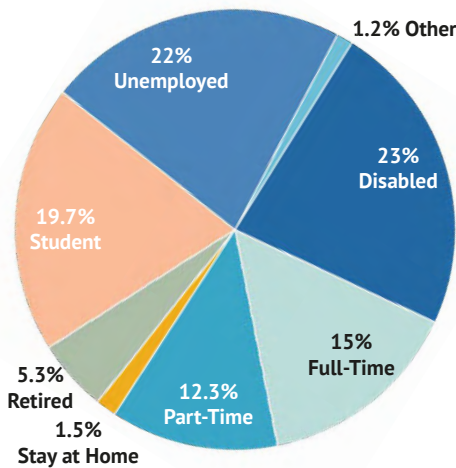
emergency assessments for children under 18

**21%**

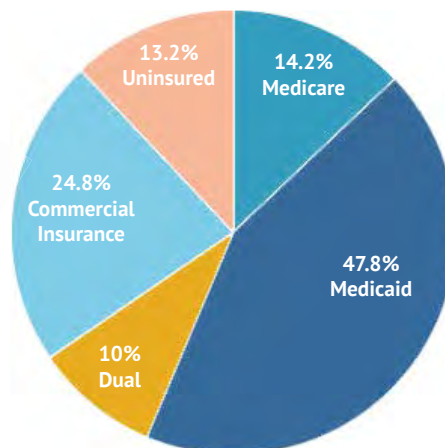
fewer hospital admissions for psychiatric conditions

## HELPING

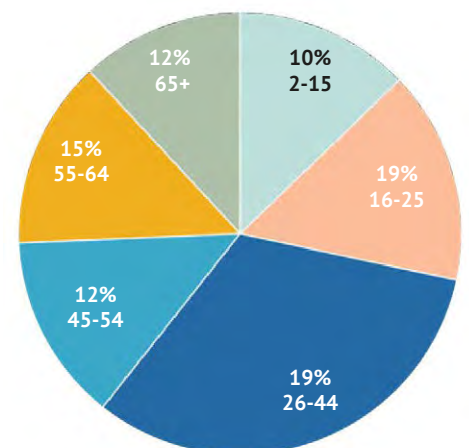
Employment Status



Insurance Status



Age in Years





## Lobby Muddy Fest Raises \$30,000 for Newport Mental Health

What began as a casual Sunday ritual among friends has transformed into a powerful community gathering and official nonprofit, raising significant funds for mental health initiatives. Celebrating its 5th anniversary in 2024, Lobby Muddy Fest raised a record \$30,000 for Newport Mental Health.

Held at Smugglers Waterfront Bar in Newport, Lobby Muddy Fest features lobster rolls, mudslides, and friends. As the event has grown, live music, merchandise sales, and exciting live and silent auctions have enhanced an already terrific community day. Lobby Muddy Fest would not be possible without the philanthropy and generous contributions of all those involved, including key sponsors Serv Pro Team Luzzi and Warwick Tree Service.

The core of the Lobby Muddy team includes Jimmy Miller, Billy Palmer, Ben Iacoi, Tyler Bernadyn, Bobby Victoria, and Jim Iacoi. "It's a party for a purpose," says Bernadyn, who is also a member of the Board of Directors for Newport Mental Health. "It's a great way to have a good time and support an incredible organization that benefits an underserved community here in Newport County. The work that Newport Mental Health does locally is second to none, and I am so proud to be a part of an event that gives back to this incredible organization."

## Driving Home Awareness for Newport Mental Health

Under perfect weather conditions at The Aquidneck Club, the “Drive for Mental Health” Charity Golf Tournament, presented by Horan Building Company, was an inspiring display of competition and camaraderie. The June 17th event raised more than \$112,000 to support essential programs and services.

Participants enjoyed an exhilarating day on the course with last year’s champions Andrew Tuchler, Chad Kritzas, Joseph LoCascio, and new team member Adam Maust, retaining the title with an impressive score of 56. Teams from Horan Building Company, Fishers Island Lemonade, and M. Barboza & Sons Roofing tied for second place, trailing by just four strokes.

Attendees also enjoyed a lively auction, prize drawings, and a poignant speaking program. Dayna Gladstein, President & CEO of Newport Mental Health, delivered

heartfelt remarks, highlighting the critical impact of community support. “This event proves that when a community comes together, we can truly make a difference,” she stated.

The live auction featured Red Sox box seats, a foursome at the Aquidneck Club, and a vacation rental at Loon Mountain, which prompted a spirited bidding war. In addition to Horan Building Company, additional generous sponsors included Donovan Plumbing and Heating, Fishers Island Lemonade, National Security, Farrar & Associates, Newport Jeep, Wilmington Trust, Centreville Bank, Kirby Perkins Construction, and Neighborhood Health Plan.

Photos by Andrea Hansen Photography (left), David Hansen Photography (this page)





# ROCK

*the Beach Gala*



## Save the Dates

### Drive for Mental Health Charity Golf Tournament

Monday, **June 23, 2025** at  
**The Aquidneck Club**

### Rock the Beach

A Charity Fundraising Gala for  
Newport Mental Health  
Thursday, **September 25, 2025** at  
**Newport Beach House**





## Rock the Beach Gala Raises Over \$225,000

The 2024 Rock the Beach Gala raised over \$225,000, setting a record for donations. “The extraordinary outpouring of support from our community is deeply moving,” said Dayna Gladstein, President & CEO of Newport Mental Health. “This event brings people together in a way that not only inspires but sustains our mission, and we couldn’t be more grateful.”

The September 19th event, held at the Newport Beach House, kicked off with a waterfront reception followed by a seated dinner at ocean-view tables. Presenting sponsor Mark Aramli of BedJet/Aramli Foundation delivered heartfelt remarks on the power of community. He encouraged everyone to spread the word about the life-changing work of Newport Mental Health, just as last year’s sponsor, Jeff Lipshires of J2Construct, had done with him. The evening’s momentum continued with a generous \$30,000 donation from sponsor Lobby Muddy Fest.

The live auction was highlighted by a luxury trip to Tuscany that sparked a bidding war. Afterward, guests were moved by a video featuring stories from Newport Mental Health clients and families. This emotional moment set the tone for a “Fund-A-Need” paddle raise, which secured additional donations for crucial services including providing transportation for clients to vital appointments and behavioral health treatment for those who are uninsured or under-resourced.

The Bazarsky Family Foundation also played a pivotal role in the evening’s success, as well as sponsors including BankNewport, Farrar & Associates, Fifth Ward Liquor, Integrated Healthcare Partners, David &

Jean Kelly, National Security and Alarm, Neighborhood Health Plan of Rhode Island, Newport Hospital, Beacon Mutual Insurance Co., Helly Hansen Newport, Thrive Behavioral Health, Michael Tsandilas & Liz Mello, and Mary & Guy Van Pelt.

The night wrapped up with dancing to the DownCity Band, leaving attendees with memories of a meaningful celebration.



Photos by Andrea Hansen Photography

“It is OK. Just that phrase: it is OK, no matter what it is, whether it’s substance abuse, whether it’s mental health, it’s perfectly normal not to know what to do and to want answers.... We weren’t taught this in school; we weren’t taught these coping mechanisms or anything like that. They just kind of spit you into the world and expect you to get it right. And some people don’t, and then they have nowhere else to go because you’re used to stigmas.... People should know that the NMH environment is safe and there is no judgment. You can come in and talk about what you’ve gone through without being judged. And not only that, but you’ll get the help you need.... It can be just that simple of just coming and getting help because sometimes it really is just that: you really want a couple of answers because it’s human to worry.”

- NMH Client



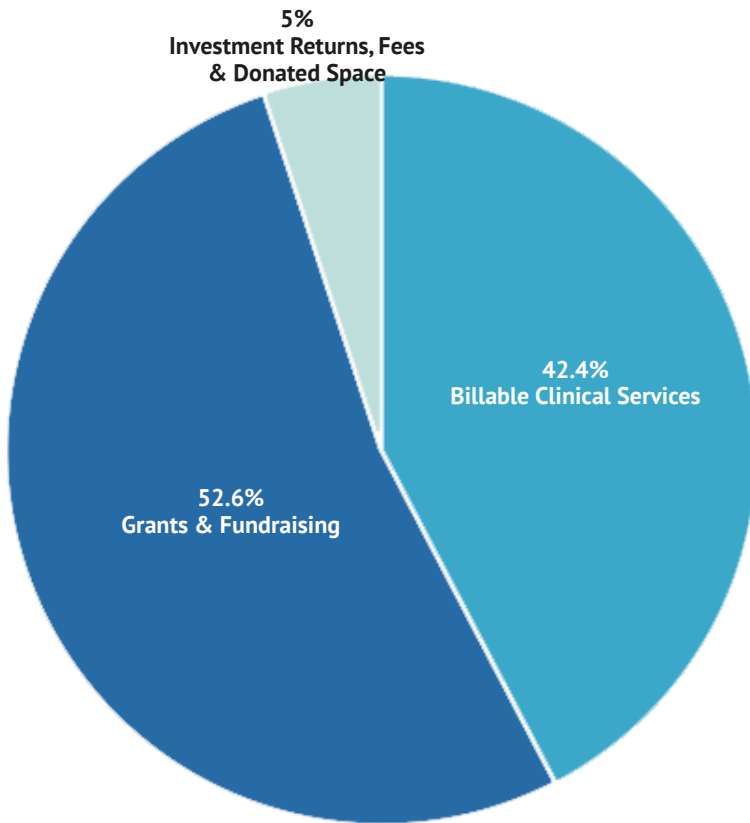
“Newport Mental Health is a place for both professional people and for nonprofessional people. It’s a place for everyone. Just because you’ve got an imbalance in your system, doesn’t make you wrong or bad. It just means that you need a little help, that’s it.”

- NMH Client



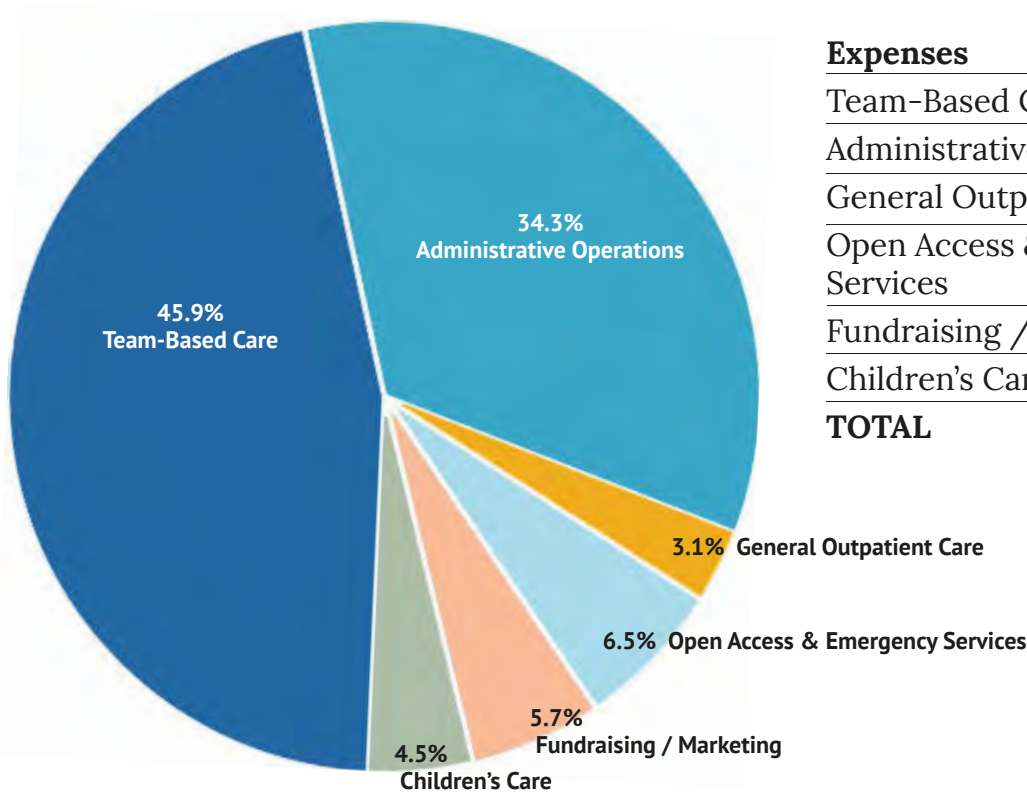
# FISCAL 2024 FINANCIAL STATEMENT

July 1, 2023 - June 30, 2024



## Revenue

Billable Clinical Services	\$ 8,730,241
Grants & Fundraising	\$ 10,843,732
Investment Returns, Fees & Donated Space	\$ 1,042,939
<b>TOTAL</b>	<b>\$ 20,616,912</b>



## Expenses

Team-Based Care	\$ 9,268,666
Administrative Operations	\$ 6,932,189
General Outpatient Care	\$ 633,874
Open Access & Emergency Services	\$ 1,305,731
Fundraising / Marketing	\$ 1,146,635
Children's Care	\$ 905,714
<b>TOTAL</b>	<b>\$ 20,192,809</b>

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