Newport Mental Health

Dear Caregivers and Supporters,



Thank you for taking the time to review this Caregiver Packet and for the important role you play in supporting someone who has chosen Newport Mental Health (NMH) for care. Your presence, advocacy, and partnership matter deeply, and we recognize the trust it takes to engage with a behavioral health organization during what is often a vulnerable time.

At NMH, our work is rooted in respect, both for the individuals we serve and for the people who support them. While treatment decisions and goals belong to each client, caregivers are essential allies in the broader recovery process. Our caregiver information is intended to help you understand how our organization operates, how communication and involvement may occur, and what boundaries exist to protect dignity, privacy, and individual choice.

As a community mental health provider serving Newport County, we are committed to delivering comprehensive, coordinated care that is grounded in evidence-based practices and shaped by compassion. Our designation as Rhode Island's first Certified Community Behavioral Health Clinic (CCBHC) reflects our responsibility to provide accessible services that respond to the full range of mental health and substance use needs across the lifespan.

We also believe that access to care should never be a barrier to recovery. NMH provides care regardless of ability to pay, accepts most insurance plans, offers a sliding fee scale, and remains committed to serving the community. When you connect with our organization, you join a network of clinicians, staff, and community partners who are focused on stability, growth, and long-term wellness.

I hope this packet serves as a helpful reference as you navigate your role as a caregiver or support person. Please know that our team is here to answer questions, provide guidance, and connect you with additional resources within the community.

Thank you for walking alongside your loved one and for allowing NMH to be part of that journey.

Warm regards,

Dayna Gladstein

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President & CEO